

# PEPA Program of Experience in the Palliative Approach

Funded by the Australian Government Department of Health

## Mentoring, Communication and Feedback Workshop

*Mentoring is defined as a relationship between an experienced and a less experienced person in which the mentor provides guidance, advice, support and feedback to the mentee to support their future experience and growth.*

Therefore the aim of the PEPA Mentoring Workshop is to develop current palliative care health professionals to support generalist health care professionals to understand the value and importance of working with a palliative approach to care.

This workshop is designed for palliative care specialist staff who wish to mentor, and share their palliative care knowledge with others and further develop their own:-

- Communication Skills
- Feedback Skills
- Organisational Skills and
- Ability to discover / develop talent and skills in others that comes from a positive mentoring relationship

Following the workshop, participants should be able to:

- Identify principles for positive communication and mentoring, in the context of palliative care
- Identify evidence based resources that will assist to support mentoring, learning and change in the palliative care setting.

### The Facilitator:

Sue Cosgrove has a background in Nursing with qualifications in Nursing up to a Master level. She has experience working in health Education, Training and Health Management. She continues to develop her Leadership skills through Coaching and Mentoring with the International Coaching Federation (ICF) and the Queensland University of Technology (QUT). Sue is passionate about supporting people to be the best version of themselves and knows this can occur in positive work environments.

**TARGET GROUP:** PEPA Mentors and New PEPA Mentors and Palliative Care Specialists

**DATE:** Tuesday 10<sup>th</sup> September 2019

**TIME:** Start 4.00pm – 8.30pm

**LOCATION:** Cancer Council WA, Seminar Room  
15 Bedbrook Place, Shenton Park WA

**CATERING:** Dinner will be provided

**COST:** Free (Funded By PEPA)

**RSVP:** Registrations are essential as places are limited.

Please register online via this link:

<https://mentor-10-sept-2019.eventbrite.com.au>

Enquiries: Cancer Council Palliative and Supportive Care Education  
9382 9300 or [pasce@cancerwa.asn.au](mailto:pasce@cancerwa.asn.au)

